

GOVERNMENT OF INDIA MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP DIRECTORATE GENERAL OF TRAINING

COMPETENCY BASED CURRICULUM

CUTTING & SEWING

(FOR VISUALLY IMPAIRED)

(Duration: One Year)
Revised in July 2022

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL-3



SECTOR – APPAREL



CUTTING & SEWING

(FOR VISUALLY IMPAIRED)

(Non-Engineering Trade)

(Revised in July 2022)

Version: 2.0

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL - 3

Developed By

Ministry of Skill Development and Entrepreneurship

Directorate General of Training

CENTRAL STAFF TRAINING AND RESEARCH INSTITUTE

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1. COURSE INFORMATION

During the one-year duration of "Cutting & Sewing (For Visually Impaired)" trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skill related to job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional skill subject are as below:-

The trainees will comply with environment regulation and housekeeping, apply safe working practices. They will able to Identify, select and Make hand stitches in the given fabric. They can Stitch the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff. They will also able to fix the fasteners on the given fabric and also acquire skill of drafting the pattern and sew a Ladies Suits.

The trainees will Take the appropriate body measurement and record the dimension. They can Identify, select the different types of patterns and apply. They will also able to Draft Paper Pattern Making, Cloth cutting and of Ladies wear, kids wear & gents wear.



2.1 GENERAL

The Directorate General of Training (DGT) under Ministry of Skill Development & Entrepreneurship offers a range of vocational training courses catering to the need of different sectors of the economy/ labour market. The vocational training programs are delivered under the aegis of Directorate General of Training (DGT). Craftsman Training Scheme (CTS) with variants and Apprenticeship Training Scheme (ATS) are two pioneer programs of DGT for propagating vocational training.

'Cutting & Sewing (For Visually Impaired)' trade under CTS is one of the popular courses delivered nationwide through a network of ITIs. The course is of one year duration. It mainly consists of Domain area and Core area. The Domain area (Trade Theory & Practical) imparts professional skills and knowledge, while the core area (Employability Skill) imparts requisite core skills, knowledge, and life skills. After passing out the training program, the trainee is awarded National Trade Certificate (NTC) by DGT which is recognized worldwide.

Candidates broadly need to demonstrate that they are able to:

- Read & interpret technical parameters/documentation, identify necessary materials and tools.
- Perform task with due consideration to safety rules, accident prevention regulations and environmental protection stipulations;
- Apply professional knowledge & employability skills while performing the job.

2.2 PROGRESSION PATHWAYS

- After successful completion of the course the trainees will able to work as Tailor, Master Tailor, Stretcher and entrepreneur.
- Can join industry as Craftsman and will progress further as Senior Craftsman, Supervisor and can rise up to the level of Manager.
- Can become Entrepreneur in the related field.
- Can join Advanced Diploma (Vocational) courses under DGT as applicable.



2.3 COURSE STRUCTURE

Table below depicts the distribution of training hours across various course elements during a period of one year: -

S No.	Course Element	Notional Training Hours
1	Professional Skill (Trade Practical)	840
2	Professional Knowledge (Trade Theory)	240
3	Employability Skills	120
	Total	1200

Every year 150 hours of mandatory OJT (On the Job Training) at nearby industry, wherever not available then group project is mandatory.

On the Job Training (OJT) / Group Project	150

Trainees of one-year or two-year trade can also opt for optional courses of up to 240 hours in each year for 10th/ 12th class certificate along with ITI certification, or, add on short term courses

2.4 ASSESSMENT & CERTIFICATION

The trainee will be tested for his skill, knowledge and attitude during the period of the course and at the end of the training program as notified by DGT from time to time.

- a) The **Continuous Assessment** (Internal) during the period of training will be done by **Formative Assessment Method** by testing for assessment criteria listed against learning outcomes. The training institute has to maintain an individual trainee portfolio as detailed in assessment guideline. The marks of internal assessment will be as per the formative assessment template provided on www.bharatskills.gov.in
- b) The final assessment will be in the form of summative assessment. The All India Trade Test for awarding NTC will be conducted by **Controller of examinations**, DGT as per the guidelines. The pattern and marking structure is being notified by DGT from time to time. **The learning outcome and assessment criteria will be the basis for setting question papers for final assessment. The examiner during final examination will also check the individual trainee's profile as detailed in assessment guideline before giving marks for practical examination.**

2.4.1 PASS REGULATION



For the purposes of determining the overall result, weightage of 100% is applied for six months and one year duration courses and 50% weightage is applied to each examination for two years courses. The minimum pass percent for Trade Practical and Formative assessment is 60% & for all other subjects is 33%.

2.4.2 ASSESSMENT GUIDELINE

Appropriate arrangements should be made to ensure that there will be no artificial barriers to assessment. The nature of special needs should be taken into account while undertaking the assessment. Due consideration should be given while assessing for teamwork, avoidance/reduction of scrap/wastage and disposal of scrap/waste as per procedure, behavioral attitude, sensitivity to the environment and regularity in training. The sensitivity towards OSHE and self-learning attitude are to be considered while assessing competency.

Assessment will be evidence based comprising some of the following:

- Job carried out in labs/workshop
- Record book/ daily diary
- Answer sheet of assessment
- Viva-voce
- Progress chart
- Attendance and punctuality
- Assignment
- Project work
- Computer based multiple choice question examination
- Practical Examination

Evidences and records of internal (Formative) assessments are to be preserved until forthcoming examination for audit and verification by examining body. The following marking pattern to be adopted for formative assessment

Performance Level	Evidence
(a) Marks in the range of 60%-75% to be allott	ed during assessment
For performance in this grade, the candidate should produce work which demonstrates attainment of an acceptable standard of craftsmanship with occasional guidance, and due regard for safety procedures and practices.	 Demonstration of good skills and accuracy in the field of work/ assignments. A fairly good level of neatness and consistency to accomplish job activities. Occasional support in completing the task/ job.



(b) Marks in the range of 75%-90% to be allotted during assessment

For this grade, a candidate should produce work which demonstrates attainment of a reasonable standard of craftsmanship, with little guidance, and regard for safety procedures and practices

- Good skill levels and accuracy in the field of work/ assignments.
- A good level of neatness and consistency to accomplish job activities.
- Little support in completing the task/job.

(c) Marks in the range of more than 90% to be allotted during assessment

For performance in this grade, the candidate, with minimal or no support in organization and execution and with due regard for safety procedures and practices, has produced work which demonstrates attainment of a high standard of craftsmanship.

- High skill levels and accuracy in the field of work/ assignments.
- A high level of neatness and consistency to accomplish job activities.
- Minimal or no support in completing the task/job.



Tailor, General; makes ladies and gents' garments and children's clothes by stitching various components together according to pattern, by hand or sewing machine. Measures customers for size with inch-tape and record measurements for making garments. Cuts material according to pattern and size and assembles garment parts by sewing. Fits stitched garment on customer, marks alterations to be made and finishes garments. May prepare new designs and Masden Lays and supervise sewing, stitching, button holing, etc. delegated to other workers. May also repair and renovate garments.

Cutter, Hand (Textile Product); cuts garment parts and other articles to be sewed together from cloth, canvas, etc., using scissors. Spreads single or multiple layers of cloth, fabric or other material to be cut on table or board. Places pattern on material in such position as to have least wastage. Marks outline on material with chalk. Cuts along outline marked in chalk or around edge of pattern using scissors.

Reference NCO-2015:

- a) 7531.0100 Tailor, General
- b) 7532.0700 Cutter, Hand (Textile Product)

Reference NOS:

- a) AMH/NO102
- b) AMH/N1948
- c) AMH/N1204
- d) AMH/N1947



4. GENERAL INFORMATION

Trade Code NCO - 2015 NOS Covered NSQF Level Duration of Craftsmen Training Entry Qualification Minimum Age 14	CUTTING & SEWING (For Visually Impaired) OGT/1102 OGT/	
NCO - 2015 NOS Covered NSQF Level Duration of Craftsmen Training Entry Qualification Minimum Age 14	2531.0100, 7532.0700 AMH/NO102, AMH/N1948, AMH/N1204, AMH/N1947, evel-3 One Year (1200 Hours + 150 hours OJT/Group Project) Passed 8 th class examination (Candidate should be of visually mpaired) 4 years as on first day of academic session.	
NOS Covered NSQF Level Duration of Craftsmen Training Entry Qualification Minimum Age 14	AMH/NO102, AMH/N1948, AMH/N1204, AMH/N1947, evel-3 One Year (1200 Hours + 150 hours OJT/Group Project) eassed 8 th class examination (Candidate should be of visually mpaired) 4 years as on first day of academic session.	
NSQF Level Duration of Craftsmen Training Entry Qualification Minimum Age 14	evel-3 One Year (1200 Hours + 150 hours OJT/Group Project) Passed 8 th class examination (Candidate should be of visually mpaired) A years as on first day of academic session.	
Duration of Craftsmen Training Entry Qualification Pain Minimum Age 14	One Year (1200 Hours + 150 hours OJT/Group Project) Passed 8 th class examination (Candidate should be of visually mpaired) 4 years as on first day of academic session.	
Training Entry Qualification Pain Minimum Age 14	rassed 8 th class examination (Candidate should be of visually mpaired) 4 years as on first day of academic session.	
Minimum Age 14	mpaired) 4 years as on first day of academic session.	
-		
Eligibility for Dup	isually impaired	
Eligibility for PwD Vi		
Unit Strength (No. of Student)	2 (There is no separate provision of supernumerary seats)	
Space Norms 35	35 Sq. m	
Power Norms 4	4 KW	
Instructors Qualification for:		
(For Visually Impaired) Trade	B.Voc/Degree in Fashion/ Apparel Technology from UGC recognizeduniversity with One Year Experience in the relevant field. OR Diploma (Minimum 2 years) in Dress Making/ Garments Fabricating Technology/ Costume Designing from recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field. OR NTC/NAC passed in Cutting & Sewing/ Dress Making trade with threeyears experience in the relevant field. Essential Qualification: Relevant Regular / RPL variants of National Craft Instructor Certificate (NCIC) under DGT. Note: a) Out of two Instructors required for the unit of 2 (1+1), one	



must have Degree/Diploma and other must have NTC/NAC qualifications. However both of them must possess NCIC in any of its variants. b) For differently abled Students it is Preferable that the Instructor should know the sign language. OR He/ She have to learn the sign language within six months of joining. MBA/ BBA / Any Graduate/ Diploma in any discipline with Two	
MBA/ BBA / Any Graduate/ Diploma in any discipline with Two years' experience with short term ToT Course in Employability Skills. (Must have studied English/ Communication Skills and Basic Computer at 12th / Diploma level and above)	
OR	
Existing Social Studies Instructors in ITIs with short term ToT Course in Employability Skills.	
21 Years	
As per Annexure – I	



Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

5.1 LEARNING OUTCOMES (TRADE SPECIFIC)

- Identify, select and Make hand stitches in the given fabric following safety precautions. (NOS:AMH/NO102)
- 2. Stitch the following using the given fabric: Seams with seam finishes, Darts, Pleats, Tucks, Gathers & Shirrs, Frill, Hem, Casing, Edge Finishing, Neck lines, Placket, Pocket, Collar, Sleeves, Cuff. (NOS:AMH/N1948)
- 3. Fix the fasteners on the given fabric. (NOS:AMH/N1948)
- 4. Draft the pattern and sew a Ladies' Suit. NOS:AMH/N1948
- 5. Take the appropriate body measurement and record the dimension. (NOS:AMH/N1204)
- 6. Identify, select the different types of patterns and apply. (NOS:AMH/N1947)
- 7. Draft Paper Pattern Making, Cloth cutting of ladies' wear.(NOS:AMH/N1947)
- 8. Draft Paper Pattern Making, Cloth cutting of Kids wear. (NOS:AMH/N1947)
- 9. Draft Paper Pattern Making, Cloth cutting of Gents wear. (NOS:AMH/N1947)

Note: -

- It will be the responsibility of Training Centre to impart training in addition to curriculum like Orientation, Mobility, Activities of Daily Living, total communication, use of assistive devices, adaptations for barrier free environment like staircase, lift sign board, ramp, instruments, psychology, sociology of behaviour and technology.
- Visually Impaired and other such Disabilities requiring support should be provided Writer (one standard below Trade Entry Level) during examination and given 30 Minutes more than the prescribed time. Please update trainer knowledge for advance techniques and treatment. All material should be in proper quality and quantity. For practical, chart with process must be required.



6. ASSESSMENT CRITERIA

LEARNING OUTCOMES	ASSESSMENT CRITERIA
Identify, select and Make hand stitches in the given	Identify tools for Cutting, Sewing & Finishing and use of these tools with safety.
fabric following safety precautions.	Select suitable fabric. Select suitable needle size and sewing thread according to fabric.
(NOS:AMH/NO102)	Straighten the fabric grain
	Maintain the distance between two stitches. Take care about length and width of the stitches.
	Follow the color combination while doing the decorative stitches.
	Finish the edge of the fabric using hemming stitch.
	Follow the safe measures and needle guard policy while doing the sewing.
2. Stitch the following using the given fabric.	Identify tools for Cutting, Sewing & Finishing and use of these tools with safety.
(NOS:AMH/N1948)	Select suitable fabric. Select suitable needle size and sewing thread according to fabric.
	Straighten the fabric grain.
	Sit in a correct posture and test the stitch formation in the sewing machine.
	Use proper sewing aids while sewing the garment.
	Use appropriate stitching techniques such as single pointed darts, plain seam, continuous placket, casing and decorative hem.
	Check the direction of darts.
	Finish the garment by applying suitable fasteners.
	Mark the dart properly at the start and the end.
	Stitch the dart and knot the dart end.
	Press the dart.
	Mark the pleat lines.
	Stitch the pleat.
	Check distance in between the pleats.
	Press the Pleat.
	Mark the tuck lines.
	Stitch the tucks.
	Finish the stitching at the tuck end.
	Press the tucks.



Marks the start and end of gathers.
Check the equal distribution of gathers.
Stitch in straight lines.
Thread the over lock machine.
Finish the free edge by over lock machine.
Press the fabric at the end.
Mark and cut the frill strips.
Finish the edge of the frill.
Attach the frill to a fabric.
Mark the hem with proper tools.
Maintain equal folding throughout the hem.
Properly finish the corner in case of mitered hem.
Mark the allowance for casing in the fabric.
Turn the fabric equally while stitching casing.
Finish the edge of the casing at the opening side.
Maintain the straight line while stitching.
Make the bias strips.
Join the bias strips properly.
Attach the bias strip on the curved lines.
Cut & clip in the curved lines.
Maintain the shape of the necklines.
Select the proper method of finishing the neckline.
Follow perfection while stitching in curves.
Maintain neatness and balance throughout the process.
Finish the end point of the placket.
Mark and cut the finishing strips.
Follow straight edge stitching.
Select and mark the placement of the pocket.
Stitch neatly the corners in case of patch pockets.
Secure the ends of the pocket mouth.
Follow neatness while sewing with the base fabric.
Select suitable interlining and its facing for the main fabric.
Check the balance of the collars.
Maintain shapes at the both ends of the collars.
Follow sharp collar points while turning the collar.
Check the fabric suits the sleeve style.
Cut the fabric for sleeve by following proper fabric grain.



		Finish the bottom of the sleeve neatly.	
		Select suitable interlining material according to main fabric.	
		Fix or Fuse the interlining to the main fabric.	
		Maintain neatness while sewing the corners of the cuff.	
		Make neat top stitching on the cuff.	
		Solve the sewing machine problems with suitable remedies after finding the causes.	
		Follow the safe measures and needle guard policy while doing the sewing.	
2	Fix the feeteness on the	Colort a suitable featoner according to the magnificance	
3.	Fix the fasteners on the given fabric.	Select a suitable fastener according to the requirement.	
	(NOS:AMH/N1948)	Maintain neatness while starting and ending stage of fixing fasteners.	
		Match male & female part of fasteners.	
		Fix the size of the buttonhole according to the button.	
		Follow equidistance and equal height with neatness buttonhole stitches.	
		Select the thread with suitable color and quality for patching.	
		Finish neatly the darned or patched piece.	
		The state of passing process	
4. Draft a pattern for Ladies' Suit.		Identify tools for measuring, marking, drafting & cutting and use of these tools with safety.	
	(NOS:AMH/N1948)	Explain the measuring units and measuring techniques for required measurements.	
		Draft the pattern for a Ladies' Suit. Use the paper economically - Check for shapes, front and back shoulder, side seams.	
		Cut the pattern using shears properly along the cutting line - Check cutting edges.	
		Finish the pattern with pattern particulars.	
5.	Take the appropriate	Take measurement of joints and muscles.	
	body measurement and	Identify types of figure body measurement.	
	record the dimension.	Identify Types& Measuring Techniques.	
	(NOS:AMH/N1204)	Follow safety precaution.	
		Prepare measurement chart.	
		Record the dimensions.	



	cwing (vi)	
6.	Identify, select the	Make different types of layout using the given patterns.
/ 1	• •	Identify and select pattern types.
	patterns and apply.	Identify Spreading methods/machines.
	(NOS:AMH/N1947)	Identify Types of layout Pattern Drafting.
7.	Draft Paper Pattern Making, Cloth cutting of	Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of Saree Petticoat.
	ladies' wear.	Checking the Fitting of the garment.
	(NOS:AMH/N1947)	Operate Multipurpose Machine (Zigzag).
		Prepare Ladies Tops/Short Kurtis, Ladies suit, Night wear (one piece/two piece), Sari blouses.
8.	Draft Paper Pattern Making, Cloth cutting of	Pattern Making of Dresses for new born, Dresses for Toddler, Dresses for Kids.
Kids (NOS:AMH/N194		Drafting of Dresses for new born, Toddler & Kids.
	(NOS:AMH/N1947)	Check the Fitting of the garment.
		Follow safety precaution.
9.	Draft Paper Pattern Making, Cloth cutting of	Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding for Kurta & Pyjamas.
	Gents wear. (NOS:AMH/N1947)	Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding for Casual Shirts & Trousers.
		Methods of removing different kinds of stains in fabrics.
		Checking of garments in respects of Measurements, Stitching, Stains, Defects, Correcting measures.
		Checking the Fitting of the garment.
		Checking the Fitting of the garment.





	SYLLABUS - CUTTING & SEWING (For Visually Impaired)		
Duration	Reference Learning Outcome	Professional Skills (Trade Practical) With Indicative Hours	Professional Knowledge (Trade Theory)
Professional Skill 76Hrs.; Professional Knowledge 24 Hrs.	Identify, select and Make hand stitches in the given fabric following safety precautions. (Mapped NOS:AMH/NO102)	 Familiarization with the Institute. (04hrs.) Familiarization & handling of tools. (06hrs.) Safety Precautions while handling the tools. (06hrs.) 	Introduction Trade Job Prospects Safety precautions First Aid Basic Industrial Terminology Trade related Tools, their importance, usage and safety Measuring Tools Drafting Tools Cutting Tools Sewing Tools Finishing Tools (06 hrs.)
		 4. Identification of fabrics and texture. (03 hrs.) 5. Handling of Fabrics. (06hrs.) 6. Making weave samples. (05hrs.) 	 Fabric Fundamentals Brief idea about fibers Types of Fabrics Selection of Needle and thread according to fabric types Needle Break Policy Fabric Preparation for cutting Fabric Grain Selvedge Shrinkage Straightening the fabric Grains Measurements



			• Units
			 Measuring Techniques
			(06 hrs.)
		Practice on Industrial Single	Basic Sewing Machine
		needle lock stitch Sewing	Parts and functions
		Machine	Machine needle
		7. Sitting posture - Eye, Hand	Stitch formation
		& Foot co- ordination.	Sewing machine practice
		(05 hrs.)	Care and maintenance
		8. Speed Control. (05 hrs.)	Trouble Shooting
		9. Practice on paper. (03 hrs.)	Types of Industrial
		10. Threading of machine.	Sewing Machine
		(05hrs.)	(06 hrs.)
		11. Bobbin winding & loading.	
		(01 hrs.)	
		12. Practice on fabric. (04 hrs.)	
		13. Running on	Over lock machine
		Straight lines	Parts and functions
		Square	Machine practice
		Zigzag lines	Care and maintenance
		Circle	Trouble Shooting
		Semicircle	
		• Spiral (13 hrs.)	Basic Garment Analysis
		14. Practice on over lock	(06hrs.)
		machine.	
		Threading	
		Running	
		Minor adjustments	
		(10hrs.)	
Professional	Stitch the following	15. Practice of making Seams	Seams
Skill	using the given	Plain Seam (Straight &	Classification
285Hrs.;	fabric: Seams with	Curved) with seam	• Uses
	seam finishes,	finishes.	Properties of Seams
Professional	Darts, Pleats, Tucks,	 Self-Enclosed seams. 	Seam finishes Sewing
Knowledge	Gathers & Shirrs,	 Top stitched seams. 	Aids
72 Hrs.	Frill, Hem, Casing,	Corded Seam.	Presser foots
	Edge Finishing,	Decorative seams	• Folders
	G.		
	Neck lines, Placket,	Practicing with Sewing	Guides(06 hrs.)



VIJ		
Sleeves, Cuff. (Mapped NOS:AMH/N1948)	 16. Making Samples of (10 hrs.) Darts Pleats 17. Making Samples of (13 hrs.) Tucks Gathers and Shirrs Frills 	 Introducing Fullness Darts — Necessity, type &precautions during stitching Pleats — Necessity, type &uses Introducing Fullness Tucks — Types & use Gathering and Shirring Flare Ruffles/Frills — Types (Straight& Circular) &uses(06 hrs.)
	18. Practice of Hand stitches &	Hand stitches
	Making Samples of them.	Hand needles — Size &
	(28 hrs.)	types
		Sewing Thread
		Types & Applications of
		hand stitches (12 hrs.)
	19. Making samples of	Hems
	Faced Hem	• Types
	Edge stitched hem	• Uses
	Double stitched hem	Corner Makings
	Band hem	• Types
	Ease in a hem	• Uses (06 hrs.)
	 Mitered hem (15 hrs.) 	
	20. Practice of the corner	
	makings	
	Self-turned	
	With additional strip	
	(13 hrs.)	
	21. Making samples of (28 hrs.)	Casing
	Casing with Drawstring	Introduction
	Casing with elastic	• use
	Casing with heading	Edge Finishing
	Inside applied casing	• Facings
	 Outside applied casing 	Bindings



 22. Making samples of edge finishing (28hrs.) Bias facing Combination shaped facing Outside facing Self-facing Shaped facing Binding Piping 23. Making samples of 	Piping (12 hrs.) Necklines
different shaped necklines. (20 hrs.)	Different shapes of neckline.(06 hrs.)
24. Samples of making samples of Plackets (28hrs.) • Faced Placket • Continuous Placket • One Piece Placket • Two Piece Placket • Two-piece Placket with pleat • Zippered Placket • Lapped • Fly Front • Open End • Invisible • Visible	Plackets Types Sample makings (06 hrs.)
 25. Samples of making different Pockets. (28hrs.) Patch Inseam Cut/slash 	PocketsTypesDesign variations (06 hrs.)
26. Samples of making Collars. (28hrs.)	CollarsClassificationCollar terms (06 hrs.)
27. Samples of making Sleeves. (28hrs.)	SleevesClassificationSleeve length variation



Professional Skill 28 Hrs.; Professional Knowledge 06 Hrs.	Fix the fasteners on the given fabric. (Mapped NOS:AMH/NO1948)	 28. Practice of fixing fasteners as Buttons, Hooks, Eyes, and Press Studs. (10 hrs.) 29. Practice of making Button holes by Hand. (09hrs.) 30. Practicing Darning and Patching. (09 hrs.) 	 Sample making of Sleeves with and without cuff.(06 hrs.) Trimmings Types Applications Fixing of Buttons, hooks etc. Making of Buttonhole Mending Darning Patching (06 hrs.)
Professional Skill 43 Hrs.; Professional Knowledge 12 Hrs.	Draft the pattern and sew a Ladies' Suit. (Mapped NOS:AMH/N1948)	31. Stitching of Ladies suit. (43hrs.)	Drafting & developing Pattern for Ladies suit (12 hrs.)
Professional Skill 13 Hrs.; Professional Knowledge 06 Hrs.	Take the appropriate body measurement and record the dimension (Mapped NOS:AMH/N1204)	32. Practice of taking Body Measurements. (13 hrs.)	 Human Figures Eight Head Theory Brief introduction about Joints and Muscles Types of Figures Body Measurements Importance Types & Measuring Techniques Precautions Measurement Charts. (06 hrs.)
Professional Skill 28 Hrs.; Professional Knowledge 06 Hrs.	Identify, select the different types of patterns and apply (Mapped NOS:AMH/N1947)	33. Practicing different types of layout using the given patterns. (28 hrs.)	Patterns Importance Pattern Information Types Spreading & Pattern Layout Importance



			 Spreading methods/machines Types of layout Pattern Drafting Drafting/Pattern Terminology Principles of Pattern drafting. (06 hrs.)
Professional Skill 150 Hrs.; Professional Knowledge 54 Hrs.	Draft Paper Pattern Making, Cloth cutting of ladies wear (Mapped NOS:AMH/N1947)	34. Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of Saree Petticoat. (25 hrs.) 35. Checking the Fitting of the garment. (03 hrs.)	Pressing
		 36. Practice on special industrial sewing machines - • Multipurpose Machine (Zigzag) (28hrs.) 	 Mass Production Process - Sequence of operations Types of cutting machines Fusing Technology Types of Industrial Machines Used in sewing section Finishing(06 hrs.)
		Ladies Wear 37. Pattern Making, Fabric Estimation, Cutting, Sewing, Pressing & Folding of the following garments with design variations (84 hrs.) Ladies Tops/Short Kurtis Ladies suit Night wear (one piece/two piece) Sari blouses 38. Checking the Fitting of the garment. (10 hrs.)	Drafting of the following garments - • Ladies Tops/Short Kurtis • Ladies suit • Night wear (one piece/two piece) • Sari blouses. (30 hrs.)



y & sewing (_	
Professiona	'	Kids Wear	Drafting of the following
Skill 84 Hrs.	J.	39. Pattern Making, Fabric	garments -
	cutting of Kids	Estimation, Cutting,	Dresses for new born
Professiona	wear	Sewing, Pressing & Folding	Dresses for Toddler
Knowledge	(Mapped	of the following garments	• Dresses for Kids(30 hrs.)
30Hrs.	NOS:AMH/NO194)	with design variations	
		 Dresses for new born 	
		Dresses for Toddler	
		Dresses for Kids	
		Checking the Fitting of	
		the garment. (84hrs.)	
Professiona	Draft Paper Pattern	Gents Wear	Pattern Making, Fabric
Skill	Making, Cloth	40. Pattern Making, Fabric	Estimation, Cutting, Sewing,
133Hrs.;	cutting of Gents	Estimation, Cutting,	Pressing & Folding of the
1551115.,	wear.	Sewing, Pressing & Folding	following garments with
Professiona		of the following garments	design variations
Knowledge	NOS:AMH/NO1947)	with design variations	
_	NOS.AMINIT/NO1947)	_	Kurta & Pyjamas Shirts
30 Hrs.		Kurta & Pajama Garral Chirta 8	• Casual Shirts
			& Trousers(24 nrs.)
		, , ,	
		, ,	
			Laundry Stains
		different kinds of stains in	Classification
		fabrics. (15 hrs.)	Removing techniques
		Spec Sheet	Quality Control
		43. Make a spec sheet of	• Definition, need &
		Kurta and Pajama	planning
		Develop a spec sheet	Types of Inspection
		templet	Stages of Inspection
		Fill up the basic	• Role of Quality
		information regarding	Controller (06 hrs.)
		the design	, ,
		 Make the technical 	
		sketch of the	
		garment	
		Specify all the	
		measurements of	
		the finished garment	
		Technical	
		 Casual Shirts & Trousers. (40 hrs.) 41. Checking the Fitting of the garment. (40 hrs.) 42. Methods of removing different kinds of stains in fabrics. (15 hrs.) Spec Sheet 43. Make a spec sheet of Kurta and Pajama Develop a spec sheet templet Fill up the basic information regarding the design Make the technical sketch of the garment Specify all the measurements of the finished garment 	& Trousers(24 hrs.) Laundry Stains Classification Removing techniques Quality Control Definition, need & planning Types of Inspection Stages of Inspection Role of Quality



information to be	
provide on the spec	
sheet (20 hrs.)	
Cost Sheet	
44.Prepare a cost sheet of	
Kurta Pajama	
Fill up the basic	
information regarding	
the expension of	
material. labour and	

Project work/Industrial Visit

Broad Areas:

a) Choose any four garments mentioned above with specification sheet, Pattern and finish the garments neatly.

expenses (18 hrs.)



SYLLABUS FOR CORE SKILLS

1. Employability Skills (Common for all CTS trades) (120 Hrs.)

Learning outcomes, assessment criteria, syllabus and Tool List of Core Skills subjects which is common for a group of trades, provided separately in www.bharatskills.gov.in/ dgt.gov.in





LIST OF TOOLS & EQUIPMENT CUTTING & SEWING (For Visually Impaired) (for batch of 12 candidates) Name of the Tools and Equipment S No. Specification Quantity A. TRAINEES TOOL KIT 1. 150 cm 12+1 Nos. Measuring Tape 2. 12+1 Nos. Seam Ripper 3. Thimble 12+1 Nos. 4. Tailor's Card Scale Triangular 12+1 Nos. 5. Plastic Tailors Square 12+1 Nos. 6. French Curve Set of three 12+1 Nos. 7. Thread Cutter 12+1 Nos. 24" 8. Scale plastic 12+1 Nos. **B. DRAFTING/CUTTING /SEWING ROOM TOOLS & EQUIPMENT** 9. Scissors 25 cm 12+1 Nos. 10. **Pinking Shears** 02 Nos. Leg Shaper 11. Plastic 12+1 Nos. 12. **Garment Hangers** 12+1 Nos. Screw Driver Set 13. 02 Sets 14. Table Sharpener 02 Nos. 15. **Pressing Table** 02 Nos. Blanket for padding of Pressing 16. 02 Nos. Table Rubber mat (Size as per requirement) 17. 02 Nos. 02 Nos. 18. Sprayer Waste Bin Big / Small 19. 06 Nos. 20. Pattern Punch 02 Nos. 21. Pattern Notcher 02 Nos. 22. Pattern Hanging Stand 02 Nos. 23. Water Tub 60 cm dia 01 No. Stand for hanging dresses 24. 02 Nos. Trial room with 3 side mirrors each Size 150 cm X 60 cm 01 No. 25. with arrangements of hanging Dresses Electric Automatic steam press 02 Nos. 26. 27. Sewing Machine Single Needle Lock stitch 12+1 Nos. Industrial model



g & Sewii	ig (vi)		
28.	Over Lock Machine 3 Thread		01 No.
29.	Zig-Zag Multi-Purpose Machine		01 No.
30.	Portable Type Multipurpose Sewing		03 Nos.
	Machine		
31.	Machine attachments		As per
			requirement
32.	Chairs with low back rest or stools for		12+1 Nos.
	the machines		
33.	Instructor Table		01 No.
34.	Instructor Chair		02 Nos.
35.	Steel Almirah	195 X 90 X 60 cm	02 Nos.
	Pigeon hole Almirah 10 lockers &		01 No.
36.	separate locking arrangements for		
	trainees		
37.	Locks for above pigeon hole		12+1 Nos.
38	Calculator Desk Type		01 No.
39	White Board with accessories (size		02 Nos.
	as per requirement)		
40.	Dummy Lady, men,kid(different size)		02 Nos. each
C. THEO	RY ROOM		
41.	Single desks for trainees with		12+1 Nos.
	arrangements of keeping Books etc.		
42.	Chairs without arms		12+1 Nos.
43.	Faculty Table & Chair set		01 No.
	Desktop Computer	CPU: 32/64 Bit i3/i5/i7 or latest	
		processor, Speed: 3 GHz or	
		Higher. RAM:-4 GB DDR-III or	
		Higher, Wi-Fi Enabled. Network	
		Card: Integrated Gigabit	
44.		Ethernet, with USB Mouse, USB	01 No.
		Keyboard and Monitor (Min. 17	
		Inch. Licensed Operating	
		System and Antivirus	
		compatible with trade related	
		software.	
45.	UPS		As required
46.	White Magnetic Board with Felt		01 No.
47.	Board & accessories		As Required
48	Storage Almirah		•
49	Book Shelf		01 No.

Note: -

- 1. All the tools and equipment are to be procured as per BIS specification.
- 2. Internet facility is desired to be provided in the class room.



ABBREVIATIONS

	<u> </u>
CTS	Craftsmen Training Scheme
ATS	Apprenticeship Training Scheme
CITS	Craft Instructor Training Scheme
DGT	Directorate General of Training
MSDE	Ministry of Skill Development and Entrepreneurship
NTC	National Trade Certificate
NAC	National Apprenticeship Certificate
NCIC	National Craft Instructor Certificate
LD	Locomotor Disability
СР	Cerebral Palsy
MD	Multiple Disabilities
LV	Low Vision
НН	Hard of Hearing
ID	Intellectual Disabilities
LC	Leprosy Cured
SLD	Specific Learning Disabilities
DW	Dwarfism
MI	Mental Illness
AA	Acid Attack
PwD	Person with disabilities



